



May-June

Newsletter

• Upcoming Events •



EMOTIONS! (Ages 1-3): Learning about your body and feelings through storytime and mindfulness practice

June 8, 2023
3:00 PM – 4:00 PM

Mandarin and Cantonese

Richard J. Daley Public Library
3400 S. Halsted Street, Chicago



Healthy Eating for Healthy Aging

June 13, 2023
10:00 AM – 11:00 AM

Cantonese, Mandarin, English

Armor Square Apartments
3250 S Wentworth Ave, Chicago

Please contact us at
Alzheimers@CASLservice.org

View all CASL events at
CASLservice.org/Calendar

A note from our leadership

Winnie Lam, Associate Director
Behavioral Health and Clinical Services



Dear Friends,

We hope you had a wonderful time celebrating AANHPI Heritage Month! This awareness month recognizes Asian American, Native Hawaiian, and Pacific Islander influence and contributions to the history, culture, and achievements of the United States. At CASL, we celebrate AANHPI heritage all year round! Some ways to celebrate are by hosting a Chinese tea tasting, visiting museums showcasing AANHPI art and history, or supporting a locally-owned AANHPI business.

Alzheimer's Brain Awareness Month is observed in June. It is an opportunity to talk more about brain health and increase awareness about Alzheimer's and other dementia. It's also a great time to elevate the discussion about different kinds of dementia care, and the importance of working together to advance treatment of the disease.

CASL's Alzheimer's Program will continue to provide free services and education in the community. This past fiscal year, we supported 600+ community members through this program and we look forward to helping more in the new upcoming fiscal year beginning July 1. Don't hesitate to reach out for more information about the program.

Thank you for keeping CASL's global community thriving!



BHCS Staff Spotlight



Beth Satyr is CASL's Electronic Health Records (EHR) Specialist within our newly established Behavioral Health Clinic. She ensures that all client records are documented accurately. She is also responsible for credentialing the clinic with insurance companies and billing claims.

In her previous experience, Beth spent over a decade in the dermatology field overseeing EHR, billing, and administrative duties for a practice, as well as managing front desk staff. She is also a licensed esthetician. She was in retail management for many years after college prior to making the switch to health care.

She appreciates this exciting opportunity to play a part in helping CASL's diverse community during this exciting new chapter for our recently opened behavioral health clinic.



Brittany Lau is an Occupational Therapy intern under supervision by MOTR/L Jeannie Tsui, having joined BHCS in May. She is currently an OT student from Chicago State University and is expected to finish her OT internship in July 2023. She has been a lifelong resident of Chicago's Chinatown for 27 years and looks forward to giving back to the CASL community as an occupational therapist!

● Previous Events ●

Last month, BHCS hosted a workshop for children at the McKinley Park public library branch. We learned how to process emotions through story time and art!



BHCS's occupational therapist, Jeannie Tsui, along with other CASL staff, met with state representatives to discuss the importance of language equity and access for all non-English proficient citizens. Stories from Jeannie's direct service work with clients who are non-English proficient were used to emphasize the importance for this legislation.



CASL staff also had the opportunity to represent the organization at Northeastern Illinois University's Spring Health Fair. Staff spread the word on all the amazing work CASL is engaged in, including collaborations with local organizations.



Who we are

Educating and empowering our clients

BHCS provides quality, person-centered, and culturally competent care to help families and individuals of all ages and backgrounds achieve healthy living. BHCS works in tandem with over thirty CASL programs and complements the efforts of existing community behavioral health programs to improve the overall health and well-being of our community.

We offer a variety of services to empower you:

- Counseling & Therapy
- Occupational Therapy
- Assessment and Treatment Plan
- Crisis Intervention
- Consultation & Evaluation
- Community Support
- Community Workshops

Talk to us

(312) 791-0418

Alzheimers@CASLservice.org BehavioralHealth@CASLservice.org

CASLservice.org/Behavioral-Health

If you are interested in the types of events featured in this newsletter, or you are seeking to collaborate with us in the future, please contact us at 312-791-0418 x2232 or Alzheimers@CASLservice.org.

“ The power of visibility can never be underestimated. ”

Margaret Cho, American comedian, actress, social activist, and musician